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In Concarneau, France, from September 15 to 18, 2016





EUROPEAN SAILING ACADEMIES CUP - THE STAFF



Tom Daune
Les Glénans
Concarneau centre
Director



Olivier Sanz
6th ESA Cup
Project manager

STAFF :

- Les Glénans's employees
- Les Glénans and DHH's volunteers

LES GLENANS CONCARNEAU
Place Philippe Viannay
Concarneau - FRANCE



YOUR CONTACT

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EVENT SCHEDULE (DEPENDING ON THE WEATHER)

► Thursday, September 15th - starting at 2pm

Welcome of the participants, check-in for the teams arriving on Thursday*
Skippers' briefing (review of weather forecast, rules and regatta course)
The teams go on the boats to get familiar with them and check them up
Dinner at Les Glénans Base in Concarneau

► Friday, September 16th

Skippers' briefing
Training session in the morning, lunch on board
Rounds in the afternoon
Arrival at the Glénan Archipelago**
Skippers' briefing for Saturday
Dinner on Bananec Island and night on the boats

► Saturday, September 17th

Breakfast on board
Regattas all day long. Lunch on board
Dinner and party at Keriolet Castle
Night in Concarneau accomodations

► Sunday, September 18th

Brunch in Concarneau
Prize-giving
Check-out for the teams leaving on Sunday*
Cleaning of the boats

***Teams and guests can arrive on Wednesday, September 14th and leave on Monday 19th. In that case, please make sure to tell us. Meals are provided for from Thursday 15th for dinner to the brunch on Sunday 18th. Feel free to contact Amélie (see contacts on p.2) for advice on restaurants or grocery shopping for the other meals.**

****Guests will go to Bananec Island aboard comittee or spectator boats.**



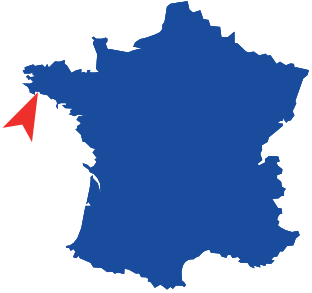
HOW TO COME TO CONCARNEAU

The event will start at 2 pm on Thursday, September 15th in Les Glénans centre in Concarneau.

You can arrive by plane at Brest airport: frequent air shuttles between Paris and Brest (from both Paris airports, Orly and CDG)

Bus shuttles will be organised between Brest airport and Concarneau. Please make sure you fill in all the information required in the registration form.

If you need any help planning your trip, please feel free to contact Amélie (see contacts on p.2)



SLEEPING ARRANGEMENTS

ON THURSDAY AND SATURDAY NIGHT:

Teams and guests will sleep in four to five people rooms at Les Glénans centre or in the hostel next to it, in Concarneau. Bed-linen will be provided on those nights. Those rooms will also be available for the teams arriving earlier and leaving later.

ON FRIDAY NIGHT:

Teams will sleep on their boats. Guests will sleep in the dorms on Bananec Island.

Therefore, **please remember that both crew members and guests need to bring:**

- A sleeping bag
- A towel
- A first-aid kit



THE BOATS

The ESA Cup participants will be sailing boats from Les Glénans Concarneau centre. Subject to availability, the boats the 2016 ESA Cup teams should sail on are:

- Elan 310
- Salona 33

- Sun Odyssey 30i for the U-21 teams

Every team will have a skipper assigned to manage the boat before and after the regattas. They will be selected amongst English-speaking Glénans sailing instructors.

REGISTRATION - BEFORE JULY 31ST

Every sailing school who wishes to participate will have to send back the registration form filled **before July 31st** to esacup@glenans.asso.fr

Each school can register:

- 1 team of over 21-year-old crew members (4 people)
- 1 team under-21 (4 to 5 people)
- and guests.

Registration fee will be 80€, for both crew members and guests.

Fees will have to be paid by card, check or bank transfer at least 1 month before the event. Payment instructions will be sent by e-mail upon receipt of the registration form.